

## **MASSAGE THERAPY**

### 750 HOUR PROGRAM

#### **PROGRAM INFORMATION**

This program is designed to prepare students for employment as massage therapists. Students will learn manipulation of the superficial tissues of the human body with the hand, foot, arm or elbow. Varied modalities will include hydrotherapy, Eastern Oriental therapy, as well as the use of electrical and mechanical devices and application of chemical or herbal preparations to the body. Employment may be found in wellness centers, athletic training centers, clinics, physician offices and private practice.

**Program Length:** 750 hours (8 months)

**Start Date:** August

**Application process starts:** May 1 (excluding Saturday and Sunday)

**Classroom and Lab:** Monday – Thursday, 8:15 a.m. – 3:00 p.m. Content will include Anatomy & Physiology, Basic Massage Theory and Clinical Practicum, history of massage, Florida Statutes related to massage therapy, Hydrotherapy, Allied Modalities, Pathology and Entrepreneurship.

**Clinical Practicum:** 208 hours

**Externship:** 30 hours and occurs at the end of the program, hands on experience in the community. Attendance is very important and excessive absenteeism greater than 22.5 hours may result in withdrawal from the program.

#### **ADMISSION REQUIREMENTS**

- Be at least age 18
- Have proof of a High School diploma or GED
- Take the Test of Adult Basic Education (TABE), level A. A \$20.00 fee and a photo ID are required. The TABE is given most Mondays and Thursdays, 8:15 a.m. and 5:45 p.m.
- Be able to perform all “Essential Tasks”
- Meet Good Moral Character standards as per Florida Statute 480 regarding arrest and conviction prior to and during enrollment to be eligible to take state exam
- FDLE background check (approval pending results)
- Proof of negative TB test, immunizations and physical exam that allows for a massage to be received

## APPLICATION STEPS

1. Complete a Lake Tech Center application in the Admissions Office in May
2. Take the TABE and speak with a counselor
3. Attend a mandatory information session in August (date to be announced)
4. Complete a Massage Therapy program application given in the Health Science Education Office May, June and July by providing:
  - a certified high school transcript or GED
  - transcripts from any college or vocational school attended
  - completed personal information sheet
  - two completed reference forms (professional healthcare contacts)
5. File for financial assistance
6. Provide proof of having received 2 Swedish massages, 1 hour in length, by two different licensed practicing massage therapists (1 male and 1 female) within the past 6 months

## SELECTION CRITERIA

Selection for the program will be based on the following:

- Date of completed application
- Testing scores
- Academic achievement
- Work experience
- References
- Personal information sheet

## ESTIMATED COSTS\* (subject to change)

Tuition	\$1,770.00 (paid by semester @\$2.36 per hr. for Florida residents)
Lab Fee	\$115.00
Registration Fee	\$10.00
Facilities Use Fee	\$10.00
Liability Insurance	\$25.00
Bookstore – textbooks & patch	\$311.24
Approximate External Costs	\$461.00

(FDLE background check, immunizations, uniforms, shoes, physical, medical insurance, linen)

\*Sales tax where applicable

## **AFTER GRADUATION ESTIMATED COSTS (subject to change)**

Application for State Licensure	\$205.00
National Licensure Exam	\$225.00

## **ESSENTIAL TASKS**

Health related occupations are demanding both physically and emotionally. Before entering a health care program, it is important to review the following tasks that have been established; performance is essential for success in the program.

### **Physical Requirements – Ability to:**

- Perform repetitive tasks
- Walk the equivalent of 5 miles per day
- Reach above shoulder level
- Interpret audible sounds of distress
- Possess a high degree of manual dexterity
- Work with chemicals and detergents
- Sit or stand for long periods of time
- Project audible verbal communications at distance of 4 feet
- Grip, bend a knee, perform CPR
- Be able to lift a minimum of 25 lbs. and maximum of 100 lbs.

### **Mental Requirements – Ability to:**

- Cope with anger/fear/hostility of others in calm manner
- Demonstrate a high degree of patience and flexibility
- Work in areas that are close and crowded
- Concentrate, work alone
- Assist with problem resolution

## **GOOD MORAL CHARACTER**

Any student who has been convicted or entered a no contest or guilty plea, regardless of adjudication; has a history of drug/alcohol abuse and/or been in treatment must report this to the Board of Massage. The Board will require past/present reports and may require the applicant to appear before them. Students with arrest records should notify the instructor or department chairperson prior to enrolling so that procedures can be discussed.

## **VETERANS BENEFITS**

This program is approved for VA. Eligible veterans may be certified for VA benefits through the Financial Aid Office.

## **FINANCIAL AID**

Federal Pell Grants provide funds to aid qualifying students with educational costs. Apply in the Financial Aid Office. Allow 3-4 weeks for processing.